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Psychology: Developmental (Life Span) (Quick Study: Academic)

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PSYCHOLOGY Developmental

Basics of development over human lifespan including physical, cognitive, social and personal development through stages and more

FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY THROUGHOUT THE LIFE SPAN

THE THEMATIC COMPONENTS OF HUMAN DEVELOPMENT

- Cross-Sectional and Longitudinal Studies:** The same individuals are studied over a prolonged interval (longitudinal) or many individuals are studied over discrete intervals (cross-sectional).
- Quantitative and Qualitative:** Development may be measured and tested quantitatively (e.g., height, weight and how fast) or qualitatively (e.g., puberty or menopause).
- Genetic and Environmental:** The interplay between genetic and environmental factors is a complex one, expressed in different interacting ratios for different developmental modules.
- Culture:** Developmental influences can be culture-dependent. For instance, family, community, culture and historical events. (That is to say, environmental factors may play a more dominant role in personality development in a particular culture than in a liberal western culture.)
- Cumulative Effect:** Many developmental influences are best understood in the context of a cumulative developmental process.
- Maturational Dynamics:** Due to recent changes in the longevity of populations, better health and better development, the childhood and stage of developmental thresholds need to be reexamined as being a chronic continuum. For instance, contemporary adolescents are maturing sexually much earlier than their grand-grandparents did, and due to maternal longevity and better general health, adults in their 70s are fitter, more active and energetic than adults of the same age a century ago.
- Ethical Considerations:** The experimental and scientific validity of most theories of development is not clearly established due to ethical constraints for instance, it would be unethical to conduct randomly assigned groups of newborn infants to chronically abusive or emotionally abusive treatment as a means of assessing precisely how such factors negatively impact on personality development.

THEORIES OF DEVELOPMENT

- Psychoanalytic:** Emphasizes the role of subconscious factors in personality development. Sigmund Freud, Carl Jung, Alfred Adler and Sigmund Freud are representative of this tradition.
- Behavioral:** A subset of psychoanalytic approaches, behaviorist and cognitive components are thought to be the main contributors to development. Sigmund Freud and Wilhelm Wundt are representative of this tradition.
- Personalist:** Characterized by the view that development is the outcome of biological, psychological and social interaction. Erik Erikson is representative of this theory.
- Piaget:** Focuses on stages of cognitive development, frequently stated as qualitative, discrete processes. Jean Piaget is representative of this tradition.
- Information Processing:** A more approach influenced by the models suggested by research in child and adult cognitive development, emphasizing a sequential, perception, memory and problem solving at various stages of development. David Broadbent's book, *Attention and Communication*, published in 1958, laid the foundation for this theory.
- Systems Theory:** Takes the position that humans cannot be fully understood in isolation of the relationship that they form with family, community and culture. The operational understanding of the whole is greater than the sum of its parts taken in isolation. The work of Roger Barker, Gregory Bateson and Humberto Maturana is representative of this tradition.
- Sociocultural:** This is an evolutionary approach to the process of human behavioral development, in that human beings are seen as the outcome of the process of natural selection and neurobiological evolution by various adaptive strategies. John Paul Scott and Edward O. Wilson are representative of this tradition.
- Cultural Role:** Views culture as the primary determinant guiding development for instance, cultural traditions of the responsibilities and roles of parents and children play a crucial role in defining developmental milestones. Richard Shweder is representative of this tradition.
- Social Role:** Takes the view that the development of personality is best understood in the context of the social roles a person performs in life. For instance, various parent, teacher, academic roles, and so on. Irving Goffman and Kenneth Burke are representative of this tradition.
- Behavioral:** One of the primary foundations of the study of human conditioning theory, but also recognized as a branch of cognitive behaviorism, as the basis for explaining personality development. B.F. Skinner is representative of this tradition.
- Biological:** Focuses on the individual's personality in different levels of environmental context, from most internal (brain) to most external (social) in the context of development. Eric R. Rutter is representative of this tradition.

GENETIC INFLUENCE

The role of genetic factors in development of physical and personality traits is variable, due to a complex interaction between genetic (biological) and environmental variables. Some traits may be genetically predominantly determined, such as eye color, whereas others are only marginally genetically determined, such as height or weight.

INFANCY & TODDLERHOOD (AGE 0-3 YEARS)

PHYSICAL & COGNITIVE DEVELOPMENT

PHYSICAL DEVELOPMENT

- Sensory, motor and perceptual functions: initial sensory capabilities (sight, olfaction, taste, touch, hearing, depth perception, locomotion) are limited but develop rapidly.

COGNITIVE DEVELOPMENT

- Sensorimotor intelligence: realization of cause-and-effect, object categorization, language development and language skills.
- Jean Piaget was the first to systematically investigate cognitive development and identified several distinct stages.

SOCIAL & PERSONALITY DEVELOPMENT

- Trust vs. Mistrust: If a child's needs are adequately met, a sense of trust is developed; if not, mistrust may develop.
- Attachment: May be secure, resistant, avoidant, disorganized/unsettled. There is a complex interaction between parental and child attachment styles and a child's attachment style has significant consequences for their adult life.
- Separation Anxiety: Most pronounced between 12 and 18 months.

THE DEVELOPMENT OF LANGUAGE & COMMUNICATION SKILLS

- Initial communication by infants is by means of facial gestures, crying and cooing.
- Vocabulary of words begins around 2 months; vocabulary expands rapidly around 18 months.
- The development and sophistication of parents impacts on the quality of the child's language abilities.

COGNITIVE DEVELOPMENT STAGES

Stage	Starting at Age	Ability	Example
Reflexes	0-1 years	Reflex reactions	Crawling
Early Infancy	2 years	Object relations	Object permanence
Concrete Reactions	3-4 years	Classical and operant conditioning	Simple trial and error
Abstract Reactions	5-6 years	Abstract use of symbols to achieve goals	Cover face with blanket to play
Experimental	7-8 years	Active participation in social interaction	Use of tools to bring a drink
Self-Regulation	9-10 years	Self-regulation of behavior	"Rough play"
Imagery	11-12 years	Imagery and imagination	Hide under a blanket
Object Permanence	13-14 years	Recognition that objects may exist even when no longer perceived	If a cat is hidden, nonetheless it still exists

* Object permanence is related to the development of thinking with the concrete domain, if the mother knows the cat is under a blanket, she may recognize that the cat is still there, even if she cannot see it.

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Synopsis

Our 3-panel (6-page) guide provides a detailed review of a principal area of mental health care: developmental psychology. A perfect resource for nursing students or those already in the field who want to brush up on their skills, this guide covers the key concepts, skills, theories and their proponentsâ•all essential knowledge for the successful psychology student. Jam-packed text is enhanced by graphic elements and tables are used to provide ease of use.

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Customer Reviews

This chart is perfect for quick tips and explanations and makes for a perfect reference guide for Developmental Psychology. The laminated pamphlet is perfect for a binder and can be reviewed without removal. I recommend this for anyone who loves Psychology or who is majoring in the course.

Helps me with school, I am going into nursing and everything helps. so thank you, it came in a timely fashion and in really great condition

Love Psychology: Developmental (Life Span) it's a great quick reference guide.

Very helpful for psychology classes!

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